



Shrink inc.

Susan Thompson, LSCSW

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## Consultant in Training Contract

This is a contract between Shrink Inc. and \_\_\_\_\_ for Consultant in Training (now referred to "CIT") to become an EMDR Consultant. This contract is for \_\_\_\_ hours toward becoming a Certified Consultant.

Payment: It will be agreed that a fee of \$150.00 per hour will be charged and paid at the scheduled consultation hour. If the CIT cancels 24 hours away from the scheduled meeting the fee will not be charged. For group consultation, the fee will be split between the attendees. If any attendee does not come, the missing attendee will pay their portion, or the group will pay their portion up to the \$150.00 fee for that hour.

Susan Thompson LSCSW will evaluate the CIT in various areas listed below and will make a recommendation to EMDRIA as to the CIT's readiness to become a Certified Consultant. Shrink Inc./Susan Thompson has no legal, ethical or clinical responsibility for the CIT. This is a collaborative yet hierarchical relationship as the CIT will be evaluated. The goal is for the CIT to know all aspects of the philosophy and application of EMDR as the EMDR Institute and EMDRIA recommends.

The CIT will do the following:

1. Read EMDR Basic Principles, Protocols, and Procedures by Francine Shapiro and be familiar with the basic AIP model, the 8-phase protocol and other protocols.
2. Exercise good clinical judgment and reasoning when consulting.
3. Able to teach EMDR principles and protocols in consultation with groups or individuals.
4. Able to identify when consultees are not working from the protocol or not applying basic EMDR principles and assist the consultees to learn from their mistakes and to prevent habits that affect or prevent reprocessing.
5. Can objectively evaluate consultees and make recommendations for more study, practice or to assist them in getting certification based on their level of training.
6. Will set up a structure and contract for consulting, fees, group size, etc.
7. Accept feedback in a professional manner from Susan Thompson LSCSW.
8. Will be prepared with examples for meetings with Susan Thompson in an organized manner to utilize time well.

Susan Thompson LSCSW will do the following:

1. Give feedback on CIT's fidelity to the EMDR model with consultees.
2. Enhance the CIT's growth as consultant.
3. Provide guidelines for consultation role, contracts and logistics in their consultation role.
4. Will convey any new information from EMDRIA and EMDR Institute.
5. Evaluate CIT and make recommendations for further study or knowledge.
6. Support CIT in problems as they arise and assist CIT in problem solving as they arise.
7. Help CIT know ethical and legal issues guidelines in consultant role and teach these to consultees as needed.

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Susan Thompson LSCSW

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Consultee

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Date